

#### DEPARTMENT OF PSYCHIATRY

**Division of Child and Adolescent Psychiatry** 

4197 NW 86th Terrace Gainesville, FL 32606 Phone: 352-265-4357 Fax: 352-627-4163

# Welcome and thank you for choosing University of Florida Physicians!

Dear Parent/Guardian, the information you provide here will help your provider in identifying your child's needs and how to best serve your family.

Please be prepared to arrive <u>**30 minutes early**</u> to complete clinic paperwork upon arrival.

If you cannot keep this appointment, please call to cancel as soon as possible. If you fail to do so, you may not be allowed to reschedule your appointment.

Please complete the attached assessment forms prior to your appointment.

## Please bring your completed paperwork, updated insurance information and any current medications in their original bottle to your appointment.

The Child and Adolescent Psychiatry Clinic is located at 8491 NW 39th Ave. If you have any questions or need to reschedule, please call (352) 265-4357

Thank you for choosing UF Health for your healthcare needs and we look forward to serving you!

### PARENT OR GUARDIAN: PLEASE COMPLETE AND BRING THIS FORM TO CLINIC

| Who referred you to our clinic?         |          |            |       | <br> | <br> | - |
|---|----------|------------|-------|------|------|---|
| DEMOGRAPHICS:                           |          |            |       |      |      |   |
| Name of the person completing this for  | orm      | :          |       |      |      |   |
|   |          |            |       | <br> | <br> |   |
| Relationship to the child:              |          |            |       |      |      |   |
| Child's Full Legal Name:                |          |            |       | <br> | <br> |   |
| Is there another name the child prefers | be       | ing cal    | lled? | <br> | <br> |   |
| Child's Date of Birth:/                 | ·        |            |       |      |      |   |
| Age:                                    |          |            |       |      |      |   |
| Gender:                                 |          |            |       |      |      |   |
| Race:                                   |          |            |       |      |      |   |
| Religion:                               |          |            |       |      |      |   |
| I                                       | No<br>No | Yes<br>Yes |       |      |      |   |
| Who lives in the same household as th   | ie cl    | hild?      |       |      |      |   |

| Name | Sex | Age | Relationship to Child |
|------|-----|-----|-----------------------|
|      |     |     |                       |
|      |     |     |                       |
|      |     |     |                       |
|      |     |     |                       |
|      |     |     |                       |
|      |     |     |                       |
|      |     |     |                       |

Parent(s) occupation:

What are the main concerns that you have about your child?

How long have you had these concerns?

What are your goals for treatment of your child?

Please circle all of the following symptoms that apply to your child:

| Sad or depressed mood                     |
|---|
| Withdrawn from family or friends          |
| Loss of interest in activities or hobbies |
| Feelings of guilt or worthlessness        |
| Feeling hopeless about the future         |
| Sleep disturbance                         |
| Change in appetite                        |
| Low energy or fatigue                     |
| Trouble focusing or concentrating         |
| Thoughts of hurting self                  |
| Thoughts of suicide                       |
| Thoughts of hurting or killing others     |

| Drastic mood swings                         |
|---|
| Episodes of decreased <i>need</i> for sleep |
| Extreme hyperactivity                       |
| Racing thoughts                             |
| Talking so fast it's hard to understand     |
| Overly happy or euphoric                    |
| Overly confident                            |
|   |

| Hearing voices that other people cannot |
|---|
| hear                                    |
| Seeing things other people cannot see   |
| Feeling paranoid                        |
| Odd thinking or beliefs                 |

| Irritability           |
|------------------------|
| Severe angry outbursts |
| (verbal or physical)   |

| Worrying too much               |
|---------------------------------|
| Feeling or acting restless      |
| Muscle tension                  |
| Panic or anxiety attacks        |
| Fear of looking stupid or being |
| embarrassed                     |
| Fear of offending others        |
| Any other fears or phobias      |
|                                 |

Thoughts, feelings or pictures that come into the child's mind even if he/she does not want them to?

Habits the child feels they must do even if he/she knows it does not make sense (for example excessive cleaning, checking, repeating, counting, organizing or hoarding things)?

Poor body image Trying to lose weight even though he/she is not overweight Intentionally throwing up after eating

| Easily loses temper                 |
|-------------------------------------|
| Easily annoyed                      |
| Defiant                             |
| Argues with authority figures       |
| Annoying others on purpose          |
| Blaming others for his/her mistakes |
| Resentful, spiteful or vindictive   |
| Lying                               |
| Stealing                            |
| Destroying property                 |
| Setting fires                       |
| Skipping school                     |
| Hurting other people or animals     |

Difficulty learning Trouble understanding social cues Difficulty forming or keeping friendships Being very sensitive to sound, light, touch or smell

Tics, twitches or involuntary movements Making involuntary sounds

Traumatic experiences: Has your child ever been exposed to actual or threatened death, serious injury, or sexual violence? No Yes

If yes, does he/she have any of the following symptoms related to the traumatic event?

| Upsetting or intrusive memories                                  |
|--|
| Nightmares   |
| Flashbacks (feeling or acting like the event is happening again) |
| Avoiding talking or thinking about what happened                 |
| Feeling upset by reminders of the event                          |
| Having out of body experiences                                   |
| Feeling like the world/surroundings are not real                 |
| Angry outbursts  |
| Recklessness or self-destructive behavior                        |
| Getting startled very easily                                     |
| Always looking around for signs of danger                        |
| Trouble remembering some or all of what happened                 |

### PAST PSYCHIATRIC HISTORY:

#### Has your child ever seen a psychiatrist or therapist/counselor before?

| Name of provider | Dates seen | Reason |
|------------------|------------|--------|
|                  |            |        |
|                  |            |        |
|                  |            |        |
|                  |            |        |

#### Has your child ever been admitted to a **psychiatric hospital**?

| Name of the hospital | Dates | Reason |
|----------------------|-------|--------|
|                      |       |        |
|                      |       |        |
|                      |       |        |
|                      |       |        |

Has your child ever attempted suicide? No Yes If yes, please describe:

Does your child engage in any self-harm behaviors (like cutting)? No Yes If yes, please describe:

Has your child ever been violent or aggressive? No Yes If yes, please describe:

#### FAMILY HISTORY:

| Psychiatric illness:       | Child's | Child's | Child's  | Mother's side | Father's side |
|----------------------------|---------|---------|----------|---------------|---------------|
|                            | Mother  | Father  | siblings | of the family | of the family |
| Depression                 |         |         |          |               |               |
| Anxiety                    |         |         |          |               |               |
| Bipolar disorder           |         |         |          |               |               |
| Psychosis                  |         |         |          |               |               |
| Schizophrenia              |         |         |          |               |               |
| ADHD                       |         |         |          |               |               |
| Intellectual disability or |         |         |          |               |               |
| learning problems          |         |         |          |               |               |
| Autism                     |         |         |          |               |               |
| Eating disorder            |         |         |          |               |               |
| Alcohol problems           |         |         |          |               |               |
| Drug problems              |         |         |          |               |               |
| Suicide                    |         |         |          |               |               |

Please list any known psychiatric illnesses in **blood relatives** of the child:

Does the child have any blood relatives with heart defects or arrhythmias? No Yes Unknown

Does the child have any blood relatives who died suddenly at a young age? No Yes Unknown

SUBSTANCE USE HISTORY:

| Does the child use: | Alcohol | Tobacco | Illegal drugs |
|---------------------|---------|---------|---------------|
| Specify:            |         |         |               |

#### MEDICAL HISTORY:

Does your child have any history of the following medical conditions (circle all that apply)?

| <u>_</u>                      |     |
|-------------------------------|-----|
| Allergies (describe)          | Los |
| Asthma                        | Hea |
| Respiratory Illness           | Hig |
| Diabetes                      | Lov |
| Convulsions/Seizures/Epilepsy | Uro |
| Head Injury                   | Vis |
| Dizziness or Fainting         | Hea |

| Loss of Consciousness |
|-----------------------|
| Heart problems        |
| High Blood Pressure   |
| Low Blood Pressure    |
| Urogenital Problems   |
| Vision Problems       |
| Hearing problems      |
|                       |

Any other serious illness or disease?

Has your child ever had surgery? No Yes If yes, describe and give dates:

| Has your child ever had any serious injuries? | No | Yes |
|---|----|-----|
| If yes, describe and give dates:              |    |     |

| Biological females only:                              |    |     |
|---|----|-----|
| Has your child started menstruation? No Yes           |    |     |
| If yes, at what age                                   |    |     |
| Are periods regular? No Yes                           |    |     |
| Date of last menstrual cycle / /                      |    |     |
| Is there any change in symptom severity with periods? | No | Yes |
| If yes, please describe                               |    |     |

#### **MEDICATIONS:**

### Please list all medication your child is **currently taking**:

| Name of medication | Dose of medication | Who prescribes it? |
|--------------------|--------------------|--------------------|
|                    |                    |                    |
|                    |                    |                    |
|                    |                    |                    |
|                    |                    |                    |
|                    |                    |                    |
|                    |                    |                    |

| Alprazolam (Xanax)       | Diazepam (Valium)              | Mirtazapine (Remeron)     |
|--------------------------|--------------------------------|---------------------------|
| Amitriptyline (Elavil)   | Duloxetine (Cymbalta)          | Nortriptyline (Pamelor)   |
| Amphetamine (Adderall)   | Escitalopram (Lexparo)         | Olanzapine (Zyprexa)      |
| Aripiprazole (Abilify)   | Fluoxetine (Prozac)            | Oxcarbazepine (Trileptal) |
| Asenapine (Saphris)      | Fluphenazine (Prolixin)        | Paliperidone (Invega)     |
| Atomoxetine (Strattera)  | Fluvoxamine (Luvox)            | Paroxetine (Paxil)        |
| Bupropion (Wellbutrin)   | Guanfacine (Intuniv)           | Quetiapine (Seroquel)     |
| Buspirone (BuSpar)       | Haloperidol (Haldol)           | Risperidone (Risperdal)   |
| Carbamazepine (Tegretol) | Iloperidone (Fanapt)           | Sertraline (Zoloft)       |
| Citalopram (Celexa)      | Imipramine (Tofranil)          | Topiramate (Topamax)      |
| Clomipramine (Anafranil) | Lamotrigine (Lamictal)         | Trazodone (Desyrel)       |
| Clonazepam (Klonopin)    | Levomilnacipran (Fetzima)      | Valproic Acid (Depakote)  |
| Clonidine (Kapvay)       | Lisdexamfetamine (Vyvanse)     | Venlafaxine (Effexor)     |
| Clozapine (Clozaril)     | Lithium                        | Vilazodone (Viibryd)      |
| Desipramine (Norpramin)  | Lorazepam (Ativan)             | Vortioxetine (Brintellix) |
| Desvenlafaxine (Pristiq) | Loxapine (Loxitane)            | Ziprasidone (Geodon)      |
| Dexmethylphenidate       | Lurasidone (Latuda)            | Other:                    |
| (Focalin)                |                                |                           |
| Amphetamine (Adderall)   | Methylphenidate (Aptensio,     |                           |
|                          | Concerta, Daytrana, Metadate,  |                           |
|                          | Methylin, Ritalin, Quillivant) |                           |

Please circle any medications your child has **taken in the past**:

## ALLERGIES (circle): No Known Drug Allergies Other:

Please list any allergies the child has: \_\_\_\_\_

## SOCIAL HISTORY:

#### DEVELOPMENTAL HISTORY:

| (Not all parents remember the answers to these questions. You can write down what you do |
|--|
| remember or look back if you kept a baby book.)  |
| What was the length of the pregnancy?  |
| Were any medications or substances used during pregnancy? No Yes                         |
| If yes, what?  |
| Any other complications of pregnancy or delivery? No Yes                                 |
| How much did the baby weigh at birth?  |
| Did the baby start breathing right away? No Yes  |
| Were there any problems with the baby after he/she was born? No Yes                      |
| When did the baby leave the hospital?  |
| When the baby came home, were there any problems? No Yes                                 |
| When did the baby really smile (not "gas")?  |
|  |
| When did the baby walk by him/herself (without holding on)?                              |
| When did baby say his/her first word?  |
| When did the baby say short sentences (such as "go bye bye")?                            |
| Did the child have trouble learning to speak?  |
| Was he/she different from brother or sister or other children?                           |
| Is the child toilet trained? No Yes  |
| If yes, how old when trained?  |
| How old was the child when he/she was able to:   |
| When did the child learn to ride a tricycle?   |
| When did the child learn to ride a bicycle without training wheels?                      |
| When was the child able to get dressed by him/herself?                                   |
| When was the child able to tie shoelaces?  |
|  |
| What hand does the child prefer to use? Right Left No Preference                         |
| At what age did you notice this?   |
| Did anything else significant occur during the child's development years?                |
|  |
| TESTING HISTORY:   |
| Did the child ever have IO or achievement testing? No Yes                                |

| Did the child ever have IQ of acmevement testing? No Yes _       |     |  |
|--|-----|--|
| Has the child been tested for hearing abnormalities? No Yes      |     |  |
| Has the child been tested for speech/ language abnormalities? No | Yes |  |
| Has the child ever received occupational or physical therapy? No | Yes |  |
|  |     |  |

OTHER: Has the child experienced any of the difficulties below? Please circle all that apply:

Death of a parent, Death of other loved ones/close friend, Separation from parent or family, Parent separation/divorce, Loss of Home, Family financial problems, Parent with substance abuse problem, Conflicts with parents, Removal of child from home, Victim of crime or violence, Unwanted pregnancy, School problems, Illness in self, Illness in family (specify), Other: